



Middle School

Second Semester After School Activities

All activities begin on Monday, February 18th

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Middle School		Swimming Team	Gymnastics	Swimming Team	Gymnastics	Swimming Team	Swimming Team (10 to 12)
				Robotics			
		Guitar	Chess	Karate			
				Musical production			
Boys	3,30	Basketball		Basketball	Basket (up to April 4)		
	4,40	Soccer	Basket (start April 23)	Soccer	Soccer	Soccer	
Girls	3,30	Soccer	Basketball		Soccer	Basketball	
	4,40		Soccer		Basketball	Soccer	

Boys Basketball – Jeff Granger, Florencia Somma

Boys Soccer – Diego Varela & Gonzalo Álvarez

Girls Soccer – Gonzalo Álvarez & Diego Gutiérrez

Girls Basketball – Florencia Somma

Swimming Team – Gustavo Gorriarán, Club Naval

Schedule of swimming classes and training sessions will be as follows:

- Monday & Wednesday from 4 pm to 5 pm (students will ride the bus from UAS to the Complejo Naval, but parents will be responsible for picking up their child there at 5 pm).
- Friday from 5 pm to 6 pm (students should be dropped off and picked up by parents).
- Saturday from 10 am to 12 pm (students should be dropped off and picked up by parents).

Cost: 13.600 pesos for the whole semester

Please make the deposit for the fee in any of UAS accounts and inform finance once it's done.

Chess – Eduardo Salchi, Cafeteria

A game of skill and ultimately, of strategy.

Cost: 3000 pesos for the full semester, paid to the instructor on the first day of class.

Artistic gymnastics – Ivana Viscarret- Auditorium (6th & 7th grades)

Gymnastics is one of the branches that developed from the area of physical education. Games will be used as a major instrument to help the kids learn gymnastics, due to the fact that their playful impulse must always be taken into consideration by the instructor. This will make the course fun but disciplined at the same time; by combining games with learning, the kids are not only growing as PE students, but also using their mind in a relaxed and motivational way.

Goals

- Teach students the different areas of gymnastics, such as: rolls in different axis, inverted positions, balance, and others.
- Build their physical consciousness, by working with the alignment of their bodies as well as their posture.
- Stimulate the development of their conditional abilities (stretching, flexibility, strength, speed and resistance).
- Develop their individual and collective creativity through the construction of different acrobatic sequences and choreographies, with and without music.
- Focus on the fact that they must be extremely careful and responsible with their bodies as well as their classmates' ones, in order to help them grow in a healthy way.



Cost: Only Thursday 3300 pesos for the semester and Tuesday & Thursday 6600 pesos for the semester (Please contact Ivana to arrange payment (iviscarret@gmail.com or 099 749566). We need a minimum number of 8 students to open the group.

Robotics Club – Sebastián Paredes & Brad Melius – room S206

The activity is limited to 16 students on “first come first served” basis. The Robotics Club is open to students in grades 6-9. Students use Lego Mindstorms kits to create robots that will compete against each other according to FLL (First Lego League) rules. No experience is necessary. Students learn how to build a basic robot and how to program it with the Lego software. Our primary goal is to have fun exploring and being creative!

Karate – Dr. Andrés Martínez (6th & 7th grades)

Far from being a violent interchange as sometimes shown in films, karate is a self-defense method based on the quest for peace and tranquility, which aims at achieving self-control. The practice of karate is especially recommended to increase self-esteem and concentration and to decrease violence and aggression. The fees are 150 dollars per semester, for payment contact Dr. Martinez at doctormartinez1234@gmail.com

Musical production workshop – Nicolás Rodríguez – Music Room

The idea of this workshop is to produce music by using virtual instruments and software

Guitar – Nicolás Rodríguez – Music Room

Guitar classes and musical theory for beginners and intermediate players

MS Athletics Event for the semester

MS Friendship Games: From May 29 to June 1, our friends from Lincoln Schools (Buenos Aires) and ISC (Curitiba) will be coming to UAS for the traditional MS Basketball & Soccer Friendship Games. All Middle School students are invited to join the teams and participate in the event.

You will be hearing from us soon as we will need the help from all UAS families to host the 70 athletes that will be visiting us!

High School

Second Semester After School Activities

Activities begin on Monday, February 18th, **except for Basketball** that begins on Monday 11th

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
High School		Swimming Team		Swimming Team		Swimming Team	Swimming Team (10 to 12)
				Robotics (9th grade)			
		Guitar		Musical production			
Boys	3,30	Soccer	Basketball	Basketball	Soccer	Basketball	
	4,40		Basketball		Basketball		
Girls	3,30	Basketball	Conditioning Tr.		Basketball	Conditioning Tr.	
	4,40	Basketball	Soccer	Basketball	Soccer	Basketball	

Girls Basketball – Florencia Somma & Nicolás Scarabino

Girls Soccer – Diego Gutiérrez

Boys Soccer – Diego Varela

Boys Basketball – Jeff Granger, Nicolás Scarabino & Chris Wilkinson

Conditioning Training – Florencia Pérez

Swimming Team – Gustavo Gorriarán, Club Naval

Schedule of swimming classes and training sessions will be as follows:

- Monday & Wednesday from 4 pm to 5 pm (students will ride the bus from UAS to the Complejo Naval, but parents will be responsible for picking up their child there at 5 pm).
- Friday from 5 pm to 6 pm (students should be dropped off and picked up by parents).
- Saturday from 10 am to 12 pm (students should be dropped off and picked up by parents).

Cost: 13.600 pesos for the whole semester

Please make the deposit for the fee in any of UAS accounts and inform finance once it's done.

Robotics Club – Sebastián Paredes & Brad Melius (only 9th grade) – room S206

The activity is limited to 16 students on "first come first served" basis. The Robotics Club is open to students in grades 6-9. Students use Lego Mindstorms kits to create robots that will compete against each other according to FLL (First Lego League) rules. No experience is necessary. Students learn how to build a basic robot and how to program it with the Lego software. Our primary goal is to have fun exploring and being creative!

Model United Nations (MUN)

MUN is an activity in which students can learn about diplomacy, international relations, and the United Nations. MUN involves and teaches participants researching, public speaking, debating, and writing skills, in addition to critical thinking, teamwork, and leadership abilities.

Please see Mrs. Mills for information

Musical production workshop – Nicolaás Rodríguez – Music Room

The idea of this workshop is to produce music by using virtual instruments and software

Guitar – Nicolás Rodríguez – Music Room

Guitar classes and musical theory for beginners and intermediate players



Athletics' Tournaments & Events Calendar

SAAC Fine Arts: March 27th to 31st, ASQ (Quito, Ecuador). A maximum number of 17 students will be travelling.
Cost per student US\$ 500.

SAAC Basketball Tournament: April 10th to 14th, Lincoln (Buenos Aires, Argentina). A maximum number of 10 boys and 10 girls can make the teams.
Cost per student US\$ 240 approximately.

Full information and a schedule for the trips will be sent home at a later date.