



# Middle School

## First Semester After School Activities

**New Schedule will begin on Monday, August 9<sup>th</sup> 2021**

*Please refer to the Dismissal Procedures at the end of this document.*

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Boys</b>	<b>3.35</b>	Swimming Team Roots for Shoots Program Volleyball	Basketball	Swimming Team Gymnastics Robotics	Soccer	Swimming Team Gymnastics
	<b>4.45</b>	Soccer	Soccer		Basketball	
<b>Girls</b>	<b>3.35</b>	Swimming Team Roots for Shoots Program Volleyball	Basketball	Swimming Team Gymnastics Robotics	Soccer	Swimming Team Gymnastics
	<b>4.45</b>	Soccer	Soccer		Basketball	

### **Boys & Girls Soccer (Soccer Field) – Diego Varela, Juan Manuel Gómez and Diego Gutiérrez**

Practices will be run normally, with full drills and intramural games. Children will be expected to respect physical distancing during practice breaks, coaches’ explanation times, and while waiting in line.

### **Boys & Girls Basketball (Gym) – Jeff Granger & Florencia Somma**

Practices will be focused on skills and conditioning with scrimmages and full drills.

### **Boys & Girls Volleyball (Gym) – Florencia Perez**

Practices will be run co-ed and will be focused on skills and intramural games.

### **Swim Team – Gustavo Gorriarán (Complejo Deportivo Naval: Lido 1676)**

Students will take a school bus to the Naval Club, the departure will be at 3:45 PM from the auditorium entrance (it is students’ responsibility to be on the bus on time for departure). Training sessions will run from 4:10 to 5:30 PM and students should be picked up at the club at **5:45 PM**. The goal of the team is to participate in local and international competitions, once the sanitary situation allows it. Coach Gustavo will evaluate the skills level of new swimmers before granting a spot in the team, as the group is not a swimming school. Students may swim once, twice, or three times a week.

Cost: 16.500 pesos for the semester

Please deposit the fee in any of the UAS accounts (information at the end of this document) and inform Finance Office once complete.

### **UAS Roots for Shoots Program – Chris Wilkinson & Tavis Davidson (Room S202)**

This year some of the science team is starting a Roots for Shoots program. Jane Goodall's Roots & Shoots is an education program for young people that is flourishing in nearly 100 countries around the world. This club will be about making positive change happen – for our communities, for animals, and for the environment. We will foster a fun, flexible, and supportive culture where young people come together to share ideas and inspiration, implement successful community service projects and participate in special events and international campaigns. We will meet once a week to plan projects both at the school and in the greater community this school year. Together we can make a positive impact.

### **GYMNASTICS - Florencia Ferrer (Escuela de Desarrollo Gimnástico EDG - Beranguer 6596)**

Florencia Ferrer, a former UAS PE teacher and coach is the director of EDG, an institution specialized in gymnastics in all its levels and ages, with 18 years of experience. The school counts with one of the best facilities in the country, with all four events of women's gymnastics: vault, bars, beam and floor and the complementary material (mats, air tracks, etc.) necessary to achieve a better teaching methodology and safety.

All coaches are specialized in both gymnastics and educational areas, so that a pleasant and fun environment is achieved while developing strength, flexibility, coordination, posture, elegance, etc., through the teaching of specific techniques in a correct and safe way.

Classes will be organized separating the groups by age and level, with a teacher in charge of each one, in order to meet the needs of each individual.

You can learn more about EDG work and facilities at IG: @edgimnastico or FB: EDG Escuela de Desarrollo Gimnástico.

Students will ride a school bus to EDG and parents will be responsible for picking them up at EDG at 5.10 pm.

Cost: One class a week \$7200 per semester. Two classes a week \$11500 per semester. To arrange payment, please contact Florencia ([edgimnastico@gmail.com](mailto:edgimnastico@gmail.com) or 099 698992). We need a minimum number of 5 students to open the group.

### **Robotics – Mark Turner & Eric Zarsky – Flex Space until Maker Space is ready**

NOTE: the Club will run from 3.45 to 5 pm

The activity is limited to 16 students on "first come first served" basis.

Students use Lego Mindstorms kits to create robots that will compete against each other according to FLL (First Lego League) rules. No experience is necessary. Students learn how to build a basic robot and how to program it with the Lego software. Our primary goal is to have fun exploring and being creative!

**To sign up for activities, please complete the form**

**<https://forms.gle/ehuAM7xLWKqfnwg48>**

**Before Friday, August 6<sup>th</sup> at 5:00 PM**



## AFTER SCHOOL ACTIVITIES DISMISSAL PROCEDURES

### During activities

1. All students must bring their own water bottle.
2. Students must wear the appropriate clothing.
3. Students will not wear facemasks while practicing physical activity.
4. Materials will be disinfected prior to and after activities are over.

### Dismissal

1. Activities end at 4:40 PM (first block) and 6:00 PM (second block)
2. Late Bus service will be available starting on August 9<sup>th</sup> at 4.40 PM only. Please contact Eduardo (099 664 581) for Carrasco bus or Jorge (099 663 701) for Pocitos bus to arrange transportation.
3. Parents should remain in the car, students will be directed to the parking lot once activities are over

## UAS BANK ACCOUNTS

When crediting the school's account, identify the name of the student or students for whom the payment applies. After the payment has been made, please send a copy of the bank receipt by email to [Natalia Calvo: ncalvo@uas.edu.uy](mailto:ncalvo@uas.edu.uy).

For international wire transfers include USD 50 for bank charges.

<b>BANCO ITAU</b>
Carrasco Branch / <i>Sucursal Carrasco</i> : Gabriel Otero 6402-Montevideo,Uruguay
U.S. dollar account No. / <i>Nº Cuenta dólares estadounidenses</i> : <b>1.713.858</b>
Uruguayan pesos account No./ <i>Nº Cuenta pesos uruguayos</i> : <b>3.419.055</b>
International wire transfer (U.S. dollars) / <i>Transferencia bancaria internacional (dólares estadounidenses)</i> :
Intermediary Bank / <i>Banco Intermediario</i> : <b>JP Morgan Chase Bank N.A. (New York)</b> Swift Code: CHASUS33 ABA: 021000021
Beneficiary Bank / <i>Banco Beneficiario</i> : <b>Banco Itau Uruguay S.A.</b> Swift Code: ITAUUYMM
Holder / <i>Titular</i> : <b>Uruguayan American School</b> U.S. dollar account No./ <i>Cuenta dólares estadounidenses Nº</i> : <b>1.713.858</b>



<b>BANCO SANTANDER</b>
Branch 73 (Carrasco) / <i>Sucursal 73 (Carrasco):</i> Arocena 1577-Montevideo, Uruguay
<i>U.S. dollar &amp; Uruguayan pesos account No. / N<sup>o</sup>cuenta dólares estadounidenses y pesos uruguayos: <b>1.200.615</b></i>
International wire transfer (U.S. dollars) / <i>Transferencia bancaria internacional (dólares estadounidenses):</i>
Intermediary Bank / <i>Banco Intermediario:</i> <b>Wells Fargo</b> Swift Code: PNBUS3NNYC ABA: 26005092
Beneficiary Bank / <i>Banco Beneficiario:</i> <b>Banco Santander Uruguay</b> -Montevideo Sucursal 73 / Av. Arocena 1577 Swift Code: BSCHUYMM
Holder / <i>Titular:</i> <b>Uruguayan American School</b> Account No./ <i>Cuenta N<sup>o</sup>:</i> <b>1.200.615</b>

<b>BANCO BBVA URUGUAY S.A.</b>
Carrasco Branch / <i>Sucursal Carrasco:</i> Arocena 1675-Montevideo,Uruguay
<i>U.S. dollar &amp; Uruguayan pesos account No. / N<sup>o</sup>cuenta dólares estadounidenses y pesos uruguayos: <b>7.933.622</b></i>
International wire transfer (U.S. dollars) / <i>Transferencia bancaria internacional (dólares estadounidenses):</i>
Intermediary Bank / <i>Banco Intermediario:</i> <b>1. BBVA New York – USA</b> - Swift Code: BBVAUS33 <b>2. Wachovia Bank Philadelphia - USA</b> - Swift Code: PNBUS33PHL
Beneficiary Bank / <i>Banco Beneficiario:</i> <b>Banco Bilbao Vizcaya Argentaria Uruguay SA- Montevideo-Uruguay</b> Swift Code: BBVAUYMM
Holder / <i>Titular:</i> <b>Uruguayan American School</b> Account No./ <i>Cuenta N<sup>o</sup>:</i> <b>7933622</b>

# High School

## First Semester After School Activities

**New Schedule will begin on Monday, August 9<sup>th</sup> 2021**

*Please refer to the Dismissal Procedures at the end of this document.*

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Boys</b>	<b>3.35</b>	Swimming Team Roots for Shoots Program Soccer	Homework Club	Swimming Team Gymnastics	Homework Club	Swimming Team Gymnastics Soccer
	<b>4.45</b>		Basketball		Soccer	Volleyball
<b>Girls</b>	<b>3.35</b>	Swimming Team Roots for Shoots Program	Homework Club	Swimming Team Gymnastics Soccer	Homework Club	Swimming Team Gymnastics
	<b>4.45</b>	Soccer	Basketball	Volleyball	Soccer	

### **Boys & Girls Soccer (Soccer Field) – Diego Varela, Juan Manuel Gómez and Diego Gutiérrez**

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### **Homework Club – Library (3:40 to 4:30 PM)**

Students that stay at school for a 4:40 PM activity will have the chance to remain in the library doing homework or studying under adult's supervision. Only students that signed up will be allowed to stay.

### **Boys & Girls Volleyball (Gym) – Florencia Perez**

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