

June Menu 2022

| | |
|---------------------|---|
| MONDAY 30 | BAKED CHICKEN THIGH WITH CREAM POTATOES AND CITRUS SAUCE |
| | MEDITERRANEAN PASTA SALAD, EGGPLANT, OLIVES, GRILLED TOMATOES AND BASIL |
| | GRILLED TRI TIP STEAK WITH SPRING RICE |
| | SEASONAL FRUIT |
| TUESDAY 31 | MAC & CHEESE |
| | SPRING RICE WITH CHOW FAN RICE |
| | GRILLED FISH WITH MASHED PUMPKINS |
| | CHOCOLATE CREAM WITH MERINGUES |
| WEDNESDAY 1 | FISH MILANESAS WITH MASHED POTATOES |
| | WINTER SQUASH PUDDING WITH SALAD |
| | GRILLED BONELESS THIGH WITH GRILLED VEGETABLES |
| | GREEN APPLE JELLY |
| THURSDAY 2 | MEAT PIE |
| | EGGPLANT AND GOAT CHEESE TART |
| | GRILLED CHICKEN BREAST WITH PILLAF RICE |
| | CANNED PEACHES HALVES IN SYRUP |
| FRIDAY 3 | PIZZA FESTIVAL |
| | THIRD OPTION AVAILABLE |
| | SALCHICHÓN DE CHOCOLATE |
| MONDAY 6 | BEEF CHOP SUEY WITH CRUNCHY VEGETABLES OVER SAFFRON RICE |
| | ZUCCHINI AND CARROT SOUFFLÉ |
| | BAKED CHICKEN BREAST WITH MASHED PUMPKINS |
| | FRESH SEASONAL FRUIT |
| TUESDAY 7 | RICOTTA RAVIOLI WITH FILETTO SAUCE OR MUSHROOM SAUCE |
| | ROASTED TOMATO, BASIL AND MOZZARELLA CHEESE TART WITH SALAD |
| | TRI TIP FILET WITH BAKED SWEET POTATOES & POTATOES |
| | FLAN WITH DULCE DE LECHE |
| WEDNESDAY 8 | MINI FISH MILANESAS WITH CHOWFAN RICE |
| | PUMPKIN AND DAMBO CHEESE RISOTTO |
| | BONELESS CHICKEN THIGH WITH MASHED POTATOES OR WHITE RICE |
| | VANILLA CREAM |
| THURSDAY 9 | CHICKEN STROGONOFF SERVED WITH FRIED RICE |
| | PUMPKIN AND GINGER SOUP SERVED WITH SALAD |
| | TRI TIP STEAK WITH PAPAS BRAVAS |
| | FRUIT SALAD |
| FRIDAY 10 | HAMBURGERS WITH GRATIN MUZZARELLA & FRENCH FRIES |
| | LENTIL HAMBURGER WITH FRENCH FRIES OR SALAD |
| | MINI ALFAJORCITOS DE MAICENA |
| MONDAY 13 | PORTUGUESE CHICKEN WITH FRIED RICE |
| | CREAMY POLENTA WITH MOZZARELLA & FILETTO SAUCE |
| | TRI TIP STEAK SERVED WITH BAKED SWEET POTATOES & POTATOES |
| | SEASONAL FRUIT |
| TUESDAY 14 | PENNE RIGATTE WITH BOLOGNESE SAUCE OR LEEK CREAM SAUCE |
| | POTATO TORTILLA WITH SALAD |
| | BONELESS CHICKEN THIGH WITH MASHED POTATOES OR WHITE RICE |
| | RICE PUDDING |
| WEDNESDAY 15 | NATIONAL HOLIDAY FOR PRIVATE SCHOOLS |
| THURSDAY 16 | MEAT LASAGNA, SPINACH, CHEESE AND WHITE SAUCE |
| | ROASTED VEGETABLE TART WITH SALAD |
| | GRILLED CHICKEN BREAST WITH RICE, EGGS AND PARSLEY |
| | LEMON BUNDT CAKE |
| FRIDAY 17 | MEXICAN FESTIVAL, CHICKEN TACOS WITH FRENCH FRIES, GUACAMOLE, MOLE, PICO DE GALLO SAUCE AND HOT SAUCE |
| | VEGETABLE MILANESAS WITH FRENCH FRIES |
| | THIRD OPTION AVAILABLE |
| | CHOCOTORTA |
| MONDAY 20 | MEAT MILANESAS & FRENCH FRIES |
| | VEGETABLE MILANESAS & FRENCH FRIES |
| | THIRD OPTION AVAILABLE |
| | MINI CHOCOLATE ALFAJORCITOS |

Menú junio 2022

| | |
|---------------------|---|
| LUNES 30 | MUSLO DE POLLO AL HORNO CON PAPAS A LA CREMA Y SALSA CÍTRICA |
| | ENSALADA MEDITERRÁNEA, BERENJENA, ACEITUNAS, TOMATE SALTADO Y ALBAHACA |
| | CORAZÓN DE CUADRIL A LA PLANCHA CON ARROZ PRIMAVERA |
| | FRUTA DE ESTACIÓN |
| MARTES 31 | MAC & CHEESE |
| | ARROLADITOS PRIMAVERA ACOMPAÑADOS DE ARROZ CHOW FAN |
| | PESCA DEL DIA A LA PLANCHA CON PURE DE CALABAZA |
| | CREMA DE CHOCOLATE CON MERENGUITOS |
| MIÉRCOLES 1 | MILANESITAS DE PESCADO CON PURÉ DE PAPAS |
| | BUDÍN DE ZAPALLITOS CON ENSALADA |
| | MUSLO DESHUESADO A LA PLANCHA ACOMPAÑADO DE VERDURAS GRILLADAS |
| | GELATINA DE MANZANA VERDE |
| JUEVES 2 | PASTEL DE CARNE |
| | TARTA DE BERENJENAS Y QUESO DE CABRA |
| | PECHUGA DE POLLO A LA PLANCHA CON ARROZ PILLAF |
| | DURAZNOS EN ALMÍBAR |
| VIERNES 3 | FESTIVAL DE PIZZAS |
| | TERCERA OPCION DISPONIBLE |
| | SALCHICHÓN DE CHOCOLATE |
| LUNES 6 | CHOP SUEY DE CARNE CON VEGETALES CROCANTES SOBRE ARROZ CON AZAFRÁN |
| | SOUFFLÉ DE ZAPALLITOS Y ZANAHORIA |
| | PECHUGA DE POLLO AL HORNO ACOMPAÑADO DE PURÉ DE CALABAZAS |
| | FRUTA FRESCA DE ESTACIÓN |
| MARTES 7 | RAVIOLES DE RICOTA CON SALSA FILETTO O SALSA DE HONGOS |
| | TARTA DE TOMATES ASADOS, ALBAHACA Y QUESO MUZZARELLA ACOMPAÑADO DE ENSALADA |
| | CHURRASQUITOS DE CUADRIL ACOMPAÑADO DE PAPAS Y BONIATOS AL HORNO |
| | FLAN CON DULCE DE LECHE |
| MIÉRCOLES 8 | MINI MILANESAS DE PESCADO ACOMPAÑADOS DE ARROZ CHOWFAN |
| | RISOTTO DE CALABAZA Y QUESO DAMBO |
| | MUSLO DE POLLO DESHUESADO CON PURÉ DE PAPAS O ARROZ BLANCO |
| | CREMA DE VAINILLA |
| JUEVES 9 | STROGONOFF DE POLLO ACOMPAÑADO DE ARROZ FRITO |
| | SOPA DE CALABAZA Y JENGIBRE ACOMPAÑADA DE ENSALADA |
| | CHURRASQUITOS DE CUADRIL ACOMPAÑADO DE PAPAS BRAVAS |
| | ENSALADA DE FRUTAS |
| VIERNES 10 | HAMBURGUESAS CON MUZZARELLA GRATINADA AL PAN CON PAPAS FRITAS |
| | HAMBURGUESA DE LENTEJAS Y PAPAS FRITAS O ENSALADA |
| | MINI ALFAJORCITOS DE MAICENA |
| LUNES 13 | POLLO A LA PORTUGUESA ACOMPAÑADO DE ARROZ FRITO |
| | POLENTA CREMOSA CON QUESO MUZZARELLA ACOMPAÑADA DE SALSA FILETTO |
| | CHURRASQUITOS DE CUADRIL ACOMPAÑADO DE PAPAS Y BONIATOS AL HORNO |
| | FRUTA DE ESTACIÓN |
| MARTES 14 | PENNE RIGATTE CON SALSA BOLOGNESE O CREMA DE PUERROS |
| | TORTILLA DE PAPAS ACOMPAÑADA DE ENSALADA |
| | MUSLO DE POLLO DESHUESADO CON PURÉ DE PAPAS O ARROZ BLANCO |
| | ARROZ CON LECHE |
| MIÉRCOLES 15 | FERIADO PARA LOS COLEGIOS PRIVADOS |
| JUEVES 16 | LASAGNA DE CARNE, ESPINACA, QUESO Y SALSA BLANCA |
| | TARTA DE VEGETALES ASADOS CON ENSALADA |
| | PECHUGA DE POLLO A LA PLANCHA CON ARROZ, HUEVO Y PEREJIL |
| | BUDIN DE LIMON |
| VIERNES 17 | FESTIVAL MEXICANO TACOS DE POLLO ACOMPAÑADOS DE PAPAS FRITAS , GUACAMOLE, MOLE, SALSA PICO DE GALLO Y SALSA PICANTE |
| | MILANESAS DE VEGETALES CON PAPAS FRITAS |
| | TERCERA OPCIÓN DISPONIBLE |
| | CHOCOTORTA |
| LUNES 20 | MILANESAS DE CARNE ACOMPAÑADAS DE PAPAS FRITAS |
| | MILANESAS DE VEGETALES CON PAPAS FRITAS |
| | TERCERA OPCIÓN DISPONIBLE |
| | MINI ALFAJORCITOS DE CHOCOLATE |